



Yesod Level 4

Become a better teacher. Become qualified

Key Idea

The Level 4 Certificate in Teaching and Learning is an in-depth course covering the fundamentals of effective teaching. It focuses on key learning areas, including skills for achieving success in the classroom and strategies for smoother lesson planning.

Key Requirements

- Employed for a full year in a school, teaching minimum 6 hours per week.
- Teach a group with a minimum of 6 students.
- Responsible for planning, teaching and assessing your students.
- Access to a mentor for weekly meetings and support.

Key Details

This course is completed in 16 weeks, totalling 150 hours.

- **50 Guided Learning Hours (GLH)** conducted through weekly live sessions at the Torah Umesorah centre.
- **50 Individual & Collaborative Learning (ICL) hours** exploring key questions, engaging in activities tied to professional work, and producing evidence for assessment.
- **50 Work-Based Learning (WBL) hours** classroom-based practice to implement teaching skills learned during the course.

Key Takeaways

- **Lesson planning strategies.** Learn how to plan interesting and interactive lessons to stimulate students.
- **Understand how children learn.** Gain insights into children's learning processes to better support each student.
- **Establish routines and procedures.** Develop structure and consistency for a conducive learning environment.
- **Develop thinking skills.** Encourage students' curiosity and ability to apply knowledge in different situations.
- **Create a growth mindset.** Foster a positive learning and growth attitude amongst students.
- **Apply High Impact Teaching Strategies (HITS).** Implement practices that significantly enhance students' learning and understanding.

Key Questions

What is required in terms of a mentor?

A mentor can be any teacher/school leader who has more experience than yourself. She will need to be available to meet with you once a week for 30-40mins to discuss your progress and will receive support from TU and guidance on exactly what is expected.

Over the duration of the 16 week course, mentors will need to: Attend 3 support sessions from TU | Make 3 classroom visits with the trainee teacher | Be available for a weekly mentoring session.

Is this course accredited?

Yes, you will receive a Cambridge International Level 4 Certificate in Teaching and Learning upon completing this course.

Is this course a stand alone qualification?

Yes, the Level 4 Certificate in Teaching and Learning is internationally recognized on its own.

Can I take my training further once I have completed the Level 4 Certificate?

Yes, this course is part of our Pathway to Qualification. You have the option of signing up for our Yesod Level 5 Diploma to advance your training. A pass in the Level 5 Diploma gives you direct access to the one-year Level 6 Top-up Degree from Anglia Ruskin University (distance learning), allowing you to achieve an Education Ba(Hons) followed by QTS. However, it's important to note that the Top-up Degree is completed independently and not through Torah Umesorah.

Pathway to Qualification

Take your skills to the next level with Cambridge PDQs from Torah Umesorah and distance learning course from Anglia Ruskin University

Cambridge PDQ Certificate
from Torah Umesorah (Yesod L4)



Cambridge PDQ Diploma
from Torah Umesorah (Yesod L5)



Undergraduate bridging unit
from ARU
(1 year distance learning)



Credit towards



Undergraduate degree:
Education BA (Hons) from ARU



Cambridge Assessment
International Education



a.r.u. | Anglia Ruskin
University