



**Simcha is a
CHOICE**



TORAHUMESORAH
MANCHESTERTEACHERCENTRE

It's all about our mindset

Explain the meaning of poverty through the words of שלמה המלך from (טו טו) משלי:
"כל ימי עני רעים וטוב לב משתה תמיד"

Why will we no longer say the ברכה of האמת דיין ברוך when משיח comes? Can you explain?

Learning from History

Pick a personality from history and explain how they were successful in life, despite the challenges and hardships they faced.



How our attitude affects others

Since we have learnt that שמחה can be viewed as a lens with which we view our lives, it therefore affects everything and anything that we come into contact with.

Describe the effect that we can have on:

Our community

Yiddishkeit

Ourselves

Our relationship with 'T



What stands in the way of our being בשמחה?



In Summary

Summarise what you have learnt from these lessons on שמחה.

Personal Takeaway

What is one message from these lessons that has really stuck with you?



